

LISA'S LETTER

September 8, 2009

Volume 10, Issue 1

CELEBRATING OUR 10TH ANNIVERSARY AT LNDC!

Welcome back to all families on such a momentous occasion! It is hard to believe that 10 years have passed since LNDC opened its doors in September, 2000!

Sean, Grace, Max, and I are looking forward to reuniting with all of our beloved families and would like to welcome all of our new dancers and parents to LNDC!

RECITAL DATES FOR 2010!

Last spring we experimented with earlier recital dates and then two weeks back in class. What a great success it was! Families were relieved that the early recital avoided unnecessary stress at the end of June, with class trips, high school exams and graduations. The two weeks back in class was a blast...with "bring a friend" week and "try a new class" week being particularly popular.

Our **10th Anniversary LNDC Recital** dates are **June 4, 5, & 6**. Two weeks of classes will follow with our last day being Monday, June 21.

We will be celebrating 10 years at recital in many ways...including bringing back some of the favourite routines of the past, both recreational and competitive! Stay tuned for more details!

Dress Rehearsal will be at the Sanderson Centre, Brantford, on **Wednesday, June 2**.

LNDC SUMMER INTENSIVE A HUGE SUCCESS!

After two summers off, I brought back the Summer Intensive the first week in August. I want to thank the 70 LNDC students who participated! What a great deal of fun, sweat, and smiles! Details about our 2010 Summer Intensive, which will be even bigger and better, will be coming soon! Check out the pictures on the bulletin boards!

RECITAL PICTURE DAY

This past year, we welcomed a new photographer to LNDC. There was a great deal of positive feedback. I am pleased with the results that Roy Timm produced. Also, his new procedure of NOT pre-ordering photos and buying them at recital was simple and effective. Check out the new recital boards! If anyone left recital and forgot to pick up their pictures, please contact Roy at roy@roytimmphotography.com Picture Day will be **Sunday, May 30, 2010**.

WHAT'S NEW?

1. **BRAND NEW FLOORS!** Wear and tear over the years led to the installation of brand new flooring in Studios A and B. Thanks to Sean and Dave Walker for a job well done!
2. **WELCOME MISS KELLY!** A face we all know and love, I am thrilled to welcome Kelly Gregan to our team of instructors. A competitive student and teaching assistant at LNDC for many years, Kelly will be instructing our Saturday morning Primary and Pre-Primary ballet classes. Having passed her RAD Intermediate ballet examination a few years ago, Kelly has aspirations of becoming a fully certified Royal Academy of Dance teacher!
3. **MUSICAL THEATRE COURSES COMING TO LNDC!** Juliann Kuchocki, who was a huge hit teaching musical theatre during the summer intensive, will be offering 8 week Musical Theatre courses to LNDC students. More details to follow!
4. **WEBSITE CLASSIFIEDS!** Don't forget, parents can now buy and sell used dancewear and shoes online at www.lisanavesdancecompany.com
5. **LNDC CALENDAR!** Attached to this newsletter is a calendar of events for the entire dance year, including holidays! Please put this calendar on your fridge.
6. **LNDC CLOTHING!** A brand new line of LNDC spirit wear will be available in November. Truckin' Tshirts in Simcoe will be providing some of your old favourites as well as new items such as track pants. This year, samples will be available to view and you will pre-order with Melva.

FAMILY VIEWING WEEK

Once every two months, parents and family are invited into the studio to observe classes. Video cameras are welcome! The first family viewing week is scheduled for **Saturday, November 7 to Friday, Nov. 13.**

PROBLEMS WITH CLASSES?

Please remember that we are here to help you and to make your child's dance experience a positive and successful one! Please let us know if your child's class is not suitable so that we can find the perfect fit for each dancer!

LNDC STAFF

Presenting...our amazing faculty and assistants!

INSTRUCTORS

Lisa Abonyi		Leaps and Bounds, Jazz, Tap, Lyrical, Acro
Jennifer Simpson		RAD Ballet
Diane Kuska		Leaps and Bounds, Jazz, Lyrical, Acro, Tap
Jennifer Walker	Tap	
Alison Wieler		Leaps and Bounds, Jazz, Acro, Hip Hop
Teresa Henrich		RAD Ballet
Sandra Curado		Hip Hop
Kelly Gregan		RAD Ballet

ASSISTANTS

Kassidee Bambrough, Robert Barber, Alexandra Baskett, Bridget Baskett, Janelle Beatty, Irene Bonnett, Teagan Davenport, Maddie Dawson, Connie Forsyth, Amanda Gekiere, Abi Giles, Kristen Good, Meagan Good, Kelly Gregan, Zoey Guenther, Gwen Henrich, Amy Herrewynen, Krista King, Janel Kuska, Nathan Leach, Nick Leach, Breanna Matthews, Sasha Malakhov, Kaiden McGilly, Julia Pond, Jessica Sitko, Nicole Snively, Rachael Vanderlee, Alexis VanDerMaelen, Estelle VanKleef, Michele Walker, Nadine Walker, Kristine Walker

As always, my right hand, **MELVA BROWN**, is there to assist you in every way possible!

RAD BALLET EXAMINATIONS AND PRESENTATIONS

Ballet students at LNDC have the option of taking either a Spring examination (with recommendation from Miss Jennifer or Miss Teresa) or a presentation in their grade level. An examiner from the Royal Academy of Dance comes to the studio in April for this event.

A form will be given to each student in late September if the dancer is ready to examine. If a student chooses to take the exam, two ballet classes per week are mandatory.

If a student is not deemed ready to examine, he or she can still "present" in front of the examiner. This is a much less stressful activity that does not require an extra ballet class. This option is open to all ballet students. Please see Miss Jennifer or Miss Teresa for more info!

LNDC COMPETITIVE PERFORMANCE COMPANY

In addition to recreational dance, LNDC offers competitive dance to children who exhibit exceptional talent, potential, or determination. Students must be strong dancers in both jazz and ballet before being considered. An extra commitment is required from families who pursue competitive dance. The CPC travels to four competitions where they perform their routines before a panel of adjudicators. If you would like more information, please see Lisa or Melva for a handbook. Don't miss our **Competitive Company Showcase at SCS on Sunday, March 7!**

SO YOU THINK YOU CAN DANCE

All LNDC instructors are attending the Toronto performance of the top 10 from "So You Think You Can Dance" on **Tuesday, September 29.** Consequently, there will be no classes that evening. Make up classes will be offered on Sunday evening, **September 27.** We apologize for any inconvenience this may cause.

ASSISTANT MEETING

There will be a MANDATORY meeting and spotting workshop for all teaching assistants on **Monday, September 14 at 4:00pm**. It will be approximately one hour in length.

REMINDERS

- ☐ Please hand in all outstanding post-dated tuition cheques this week!
- ☐ DVD's of the recital will be available the first of October! I apologize for the delay which is my fault, not Adam's. We are still accepting orders if you wish to purchase one. The cost is \$45.00 for a video of all three recital nights and must be pre-paid upon ordering.
- ☐ ALL dancers were awarded a "medallion of excellence" at recital. If you left early and didn't receive one, please see Melva.
- ☐ There will be a \$25.00 charge for all **NSF cheques**. (Replacement must be cash)
- ☐ Please be reminded that **no tuition refunds** will be given after the beginning of second semester (February). If a child drops a class before this time, a full refund will be given as usual. The \$50.00 registration fee is **non-refundable**.
- ☐ The studio will be closed for the following holidays and events:
Fair Day (Tues., Oct. 6), Thanksgiving (Mon. Oct. 12), Christmas (Dec. 21- Jan.4), March Break (March 15-20), and Easter (April 2 & 5).
Please Note: Christmas and March Break are not part of the dance season and are excluded from your tuition. All other breaks are due to poor attendance in the past. Dancers are welcome to make up these classes by joining an alternate class.
- ☐ In the case of inclement weather, please call the studio or visit the website where there will be a message notifying students of any dance class cancellations.
- ☐ There is a baby change table in the girls' changeroom bathroom and a microwave in the staff room for your convenience. There is a homework and eating counter in Studio C Lounge.
- ☐ Please label all footwear, bodysuits, etc. with your name!

STUDENT EXPECTATIONS

Parents, please take the time to review the following expectations and dress code with your child.

- ☐ No water bottles are allowed in the studios. Please label your bottle and RECYCLE THEM!
- ☐ No chunky jewelry or gum is allowed in class. Please leave these items at home!
- ☐ A positive and respectful attitude is expected at the studio.
- ☐ Please remove all shoes at the front door and **place them on the shoe racks**.
- ☐ Please pick up after yourself and keep the change rooms and toy area tidy.
- ☐ No food is to be eaten in the change rooms.
- ☐ If you are absent, please phone the studio to let us know. There are no refunds given for missed classes.
- ☐ Please leave all valuables at home! We are not responsible for lost or stolen items...yes, it unfortunately happens here too!
- ☐ Younger siblings of dancers are more than welcome at LNDC! However, no horseplay will be tolerated. Parents, please keep an eye on your children.
- ☐ Please notify Melva or a teacher immediately if you witness any theft, vandalism, etc. Remember, this is your second home!

SALSA BABIES!

If you are a mother of a baby one year old or younger...this dance class is for you! Taught by qualified

instructor, Jennifer Matthews, Salsa Babies is a great workout for mom while holding baby in a harness as you both shake and groove to Latin music! An eight week course begins September 14 and is held at the studio, **Mondays from 10:00am to 11:00am**. For more information, please email jennifer.matthews@jembabies.ca

LNDC DRESS CODE

The art of dance requires a great deal of self-discipline and self-pride...pride in our abilities and pride in our appearance. Being well-groomed and “looking like a dancer” is an important part of the art. It also allows teachers to view body and leg lines properly.

BALLET: Uniform colour bodysuit and ballerina pink tights. No shirts or shorts. Hair in a ballet bun WITH a hair net and long bangs pinned back. Please note...dancers will not be permitted into class if the above criteria is not met.

One final note: Bras worn under bodysuits should be neutral in colour (black or beige)

JAZZ/LYRICAL: Any colour dancewear and tights or bare legs. Bodysuit, unitard, dance shorts or pants and a dance top only. No street wear tops or shorts without a bodysuit. Leather jazz shoes or foot thongs/dance paws...no socks. Hair back and up with long bangs pinned back. Please note...if jazz follows ballet you do not have time to change your entire outfit! Throw some shorts and a tank on and you're good to go!

TAP: Same as jazz. Street clothes are not permitted. Nor are long pants that cover the tap shoes. Hair back and up with long bangs pinned back.

ACRO: Bodysuits, unitards, dance shorts and tops only! Bare legs/ cut off tights and bare feet. Hair pulled back and up close to head with long bangs pinned back. No T-shirts, pants, etc.

HIP HOP: Any comfortable clothing except JEANS. Shoes must be indoor only!

Please Note: Despite what fashion dictates, push-up bras and low, low, low rise pants are not appropriate for any class. Thank you in advance!

DATES TO REMEMBER

First week of classes	Please hand in all outstanding tuition
Monday, Sept 14	Mandatory Assistant Meeting (4pm)
Sunday, Sept. 27	Make up classes for Tuesday, Sept. 29
Tuesday, Sept. 29	Studio closed for SYTYCD
Tuesday, Oct. 6	Fair Day (studio closed)
Monday, Oct. 12	Happy Thanksgiving! (Studio closed)
Saturday, Oct. 31	Happy Halloween! (studio open...students may wear costumes to class)
November 1	Studio clothing available for purchase
Nov. 7-13	Family Viewing Week!
Sunday, May 30	Recital Picture Day
Wednesday, June 2	Recital Dress Rehearsal
LNDC 10 TH ANNUAL SPRING RECITALS!	June 4, 5 & 6
